

Crouse YMCA Subsidy Program Packet

In partnership with the YMCA of Greater Syracuse, Crouse Health offers employees the opportunity to earn \$20 off the monthly YMCA rate by meeting program visit requirements. The registration fee is also waived for program participants.

East (Fayetteville)

315.637.2025

Manlius

315.692.4777

Southwest (OCC)

315.498.2699

Downtown

315.474.6851

North (Liverpool)

315.451.2562

Northwest (Baldwinsville)

315.503.5966

Fulton

315.598.9622

How the Program Works:

Employees enroll for three-month periods in accordance with the **Membership Cycle Schedule**. Once a program participant, enrollment in subsequent cycles and associated payments **continue automatically unless cancelled** by the “Deadline to Enroll or Cancel.” Refer to **Table 1** for Membership Cycle Schedule and enrollment/cancellation deadlines.

Employee Payments are made through payroll deductions (see **Table 2** for non-employee payments):

- **Enrollment Payroll Deductions** pay for the three-month cycle
- **Non-compliance Payroll Deductions** are only taken if the employee does not complete the required number of visits to earn the incentive for that cycle (in this case, membership cost is the standard YMCA rate).

In the event of closures related to COVID-19, employees can work with their primary YMCA branch on pre-payments made applicable to closure periods. Visit requirements will also be pro-rated in the event of extended closures.

Table 1: Enrollment and Payroll Deduction Schedule

Membership Cycle Schedule	Deadline to Enroll or Cancel	Enrollment Payroll Deduction Schedule	# Employee Visits Required for Incentive	Non-Compliance Payroll Deductions
Winter Cycle Jan. 1 – Mar. 31	Dec. 10	December <i>(Pays for Jan/Feb/Mar)</i>	Total Cycle Visits = 24	\$60 in May
Spring Cycle Apr. 1 – June 30	Mar. 10	March <i>(Pays for Apr/May/June)</i>	Total Cycle Visits = 24	\$60 in Aug.
Summer Cycle July 1 – Sep. 30	June 10	June <i>(Pays for July/Aug/Sep)</i>	Total Cycle Visits = 18	\$60 in Nov.
Fall Cycle Oct. 1 – Dec. 31	Sep. 10	September <i>(Pays for Oct/Nov/Dec)</i>	Total Cycle Visits = 24	\$60 in Feb.

Table 2: Based on YMCA rates effective 9/1/2023; payroll deductions will be calculated based on actual YMCA rates.

Plan	Standard YMCA Rate	Incentive Rate (\$20 off per month)	Payment Made Directly to YMCA via Bank or Credit Card
Single	\$49.00 Per Month	\$29.00 Per Month	Full amount paid through payroll
2-Person	\$76.00 Per Month	\$56.00 Per Month	\$27.00 on a Monthly Basis <i>\$56.00 rate - \$27.00 payroll = \$27.00</i>
Family	\$94.00 Per Month	\$74.00 Per Month	\$42.00 on a Monthly Basis <i>\$74.00 rate - \$29.00 payroll = \$45.00</i>

If you are already an existing YMCA member, notify the YMCA that you are joining the Crouse program so your current direct payment to the YMCA can be adjusted accordingly. Note, this program does not apply to the YMCA income-based “Membership for All” rates (inquire directly with the YMCA about these rates).

To Enroll in the Crouse YMCA Subsidy Program or Cancel Enrollment:

Step #1: [Click here to complete the Online Request Form](#) (or visit crouse.org/ymca to access)

Step #2: On or after the Cycle Start Date, visit the YMCA to obtain your member card and enroll additional members on your plan (applicable to 2-person or family plans). If you are cancelling enrollment and you have a 2-person or Family plan, please contact the YMCA to ensure direct payments are cancelled.

ENROLLMENT AND CANCELLATION REQUESTS ARE NOT COMPLETE UNTIL PARTICIPANT RECEIVES EMAIL CONFIRMATION. TO CHECK ON ENROLLMENT OR CANCELLATION REQUEST STATUS, EMAIL SIMPLYWELL@CROUSE.ORG.