

The SUNY Upstate Medical University and Crouse Hospital together provide the services of the Central New York Regional Perinatal Program.

This program is for the mothers and babies of the 13 county region of Central New York who need special help during pregnancy or the newborn period.

Consults: If your Ob care provider finds that you need to be seen by our obstetrical specialist (Perinatologist), they may send you to the Regional Perinatal Center out patient office for a consult.

Transports: If you are in the hospital, your physician may refer you to Syracuse after talking with our pediatric specialist (Neonatologist) or our obstetrical specialist (Perinatologist).

Together, they may decide that you and/or your baby need a level of care that is not available at your home hospital.

Pregnant? Need Insurance? Call your local number:

- Onondaga County: 424-0009
- Cayuga County: 253-1560
- Madison County: 366-2361
- Oneida County: 798-5655
- Oswego County: 349-5800
- Seneca County: 1-800-522-5006
- Cortland, Tompkins, Chenango, Broome, & Tioga Counties: 1-800-231-0744
- TTY: 1-800-655-1789

For program names and addresses, or help in other counties, follow these links:

- [Prenatal Care PCAP Providers](#)
- [Prenatal Care MOMS Providers](#)

Do I qualify?

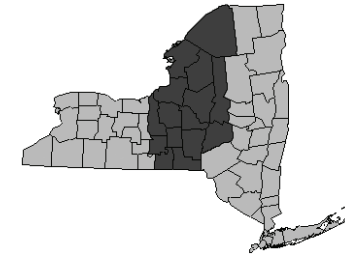
The determination is based on a medically verified pregnancy and your statement of your family's gross monthly income.

Why should I do it?

You can get **immediate** outpatient services for a limited time. This allows you to seek prenatal care early in your pregnancy. Delays in care may affect your health and your baby's health.

When should I see the doctor?

As soon as you think you might be pregnant, especially if you have missed two or more monthly periods. (if not pregnant, does she need to pay for the visit?)



Central New York Regional Perinatal Program

**Our goal is for you
and your baby to be
as healthy as possible.**





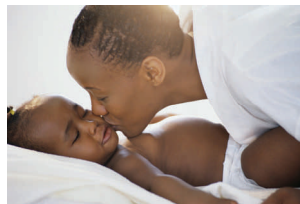
The region consists of a 13 county area spanning from St. Lawrence County in the North to Broome and Tioga counties in the South.

Comprehensive Prenatal-Perinatal Networks

These networks partner with many groups to make positive change in health outcomes for women, infants and families. Many offer free or low-cost services for families. For more information, contact the network which serves your county.



County	Network	Website URL Telephone Number
Broome	Mothers and Babies Perinatal Network	www.mothersandbabies.org 1-800-231-0744
Cayuga	REACH CNY	www.familytiesnetwork.org 1-888-295-8662
Chenango	Mothers and Babies Perinatal Network	www.mothersandbabies.org 1-800-231-0744
Cortland	Mothers and Babies Perinatal Network	www.mothersandbabies.org 1-800-231-0744
Jefferson	North Country Prenatal/Perinatal Council, Inc.	www.ncppcinc.org 1-800-279-8679
Lewis	North Country Prenatal/Perinatal Council, Inc.	www.ncppcinc.org 1-800-279-8679
Madison	REACH CNY	www.familytiesnetwork.org 1-888-295-8662
Oneida	Mohawk Valley Perinatal Network	www.newfamily.org 1-877-267-6193
Onondaga	REACH CNY	www.familytiesnetwork.org 1-888-295-8662
Oswego	REACH CNY	www.familytiesnetwork.org 1-888-295-8662
St. Lawrence	North Country Prenatal/Perinatal Council, Inc.	www.ncppcinc.org 1-800-279-8679
Tompkins	Mothers and Babies Perinatal Network	www.mothersandbabies.org 1-800-231-0744



Central New York Hospitals

County	Hospital Name	Website URL Telephone Number
Broome	Our Lady of Lourdes	www.lourdes.com 607-798-5111
	United Health Services	www.uhs.net 607-763-6000
Cayuga	Auburn Memorial Hospital	www.auburnhospital.com 315-255-7011
Chenango	Chenango Memorial Hospital	www.uhs.net/cmh/ 607-337-4111
Cortland	Cortland Memorial Hospital	www.cortlandhospital.org 607-756-3750
Jefferson	Carthage Area Hospital	www.carthagehospital.com 315-493-1000
	Samaritan Medical Center	www.samaritanhealth.com 315-785-4182
Lewis	Lewis County General Hospital	www.lcgh.net 315-376-5200
Madison	Community Memorial Hospital	www.communitymemorial.org 315-824-1100
	Oneida Healthcare	www.oneidahealthcare.org 315-363-6000
Oneida	Faxton-St. Luke's Healthcare	www.mvnhealth.com/ 315-798-6000
	Rome Memorial Hospital	www.romehosp.org 315-338-7000
Onondaga	Community General Hospital	www.cgh.org 315-492-5011
	Crouse Hospital	www.crouse.org 315-470-7111
	St. Joseph's Hospital	www.sjhsyr.org 315-448-5111
Oswego	Oswego Hospital	www.oswegohealth.org 315-349-5511
St. Lawrence	Canton-Potsdam Hospital	www.cphospital.org 315-265-3300
	Claxton-Hepburn Medical Center	www.chmed.org 315-393-3600
	Edward John Noble Hospital	www.ejnoble.org 315-287-1000
	Massena Memorial Hospital	www.massenahospital.org 315-764-1711
Tompkins	Cayuga Medical Center at Ithaca	www.cayugamed.org 607-274-4011